

Training Game U-8 Players

Moving Marbles

Skill: Dribbling/Passing

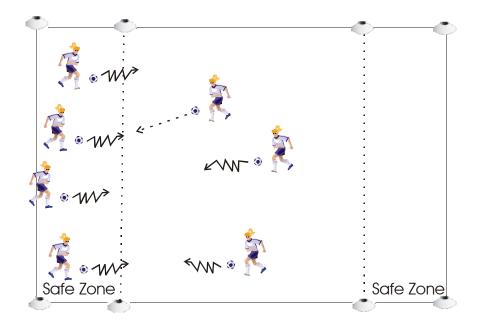
Number Of Players Required: Full U-8 Team

Equipment: 8 or more cones to mark the grid.

Grid Requirement: A 20 X 40 yard grid

Organization: Using cones layout a 20 X 40 yard grid with a 5-yard "Safe Zone" at each end. Place three (3) shooters in the center of the grid with a ball at their feet. All remaining players, each with a ball is located in one of the safe zones.

How The Game Is Played: Players in the "Safe Zone" try to dribble the length of the grid to the other "Safe Zone". The Shooters can prevent dribblers from reaching the other "Safe Zone" by knocking their ball out of the grid with a passed ball. After a player's ball is knocked out of the grid they become a shooter. Last player remaining wins. Players dribble between "Safe Zones" until one player remains.



Variations: None